

YOUTH SPORTS UNIFORM REQUIREMENTS

Uniforms are required more most disciplines, and all uniforms are available at HAC for purchase. While participating in the youth sports instruction, some equipment is included, but your child may need to supply some of his or her own padding or equipment.

STANDARD ATTIRE

Unless otherwise specified below, your child will need to come to each class dressed in shorts or sweat pants, (no skirts, please!), and in socks and sneakers for indoor sports, sneakers or cleats for outdoor sports, and any additional required equipment and water. Please make sure your child does not wear jewelry to class.

Basketball (ages 4 and up)

Blue/White reversible jersey required. The jersey can be purchased week 1 and 2 of the seasons (\$25)

Circuit Training

Standard attire, uniform not required

Dodgeball

Standard attire, uniform not required

Field Hockey

Mouth guard and field hockey shin guards are required.

Flag Football

Blue/White reversible jersey required. The jersey can be purchased week 1 and 2 of the seasons (\$25)
OPTIONAL: Rubber cleats

Floor Hockey

Standard attire, uniform not required. Dress accordingly for outdoors.

Inline Skating

Inline rollerblades, elbow pads, knee pads, and a helmet are required.

Intro to Lacrosse

Standard attire, uniform not required
OPTIONAL: Mouth guard

Mini Basketball

Standard attire, uniform not required

Mini Soccer

Standard attire, uniform not required

Soccer (ages 4 and up)

Shin Guards and Blue/White reversible jersey required.
Jersey can be purchased week 1 and 2 of the seasons (\$25)
OPTIONAL: Rubber Cleats

T-Ball

Team Shirt and Hat (\$25) sold at the second T-ball class.
T-ball glove required.

Volleyball

Knee pads and Youth Sports Jersey required. Jersey can be purchased week 1 and 2 of the season.

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